



Prince Street Myrtleford Victoria 3737
 P.O. Box 530 Myrtleford Victoria 3736 | P. 03 5752 1174 | F. 03 5751 1174 | E. myrtleford.p12@edumail.vic.gov.au | W. www.myrtlefordp12.vic.edu.au
 Principal ● Zlatko Pear

Inspirational.

Issue 10: 14th June 2019

Calendar

June

17 Parents Club Meeting
9am

25 O&M Junior sport

27 O&M Inter/Senior
Sport

27 NAIDOC Day
Activities

27 2020 Year 10 Subject
Expo-EMPAC

28 Last day of Term 2
2.30pm Finish

July

15 First day of Term 3

Inside this issue:

O&M Cross Country	2
Figurative language with 4L	3
Abseiling in OE	4
Rosemary talking about Cyberbullying	5
Ashley's Corner	6
Sport in the Community	7

A few words from the Principal.....

School Review

Every four years, all government schools go through a review process. This is an extensive process where an external reviewer, appointed by the Department, leads the College in reviewing our performance, in relation to our strategic plan goals and targets. The panel is made up of the reviewer, two Principals from network schools, a department representative, School Council President and key school leaders. The review will be completed over three days. The first of these days was Tuesday, when the panel observed classes, examined our learning data and spoke to student forums to get an understanding of the student's view of the school's strengths and areas for improvement. The final two days will be held on Monday and Tuesday of the last week of this term. Parents will have an opportunity during these days to be involved in providing the panel with feedback. You will receive more detailed information about this next week. The review process will conclude with the development of a new four year Strategic Plan outlining our goals, strategies and targets for the 2019 – 2023 cycle.

End of semester reports

Teachers are busy completing Semester One reports. Prep to Year 6 reports will be sent home during the last week of term. Students in Years 7 to 12 will have their reports available on Compass at the same time. Parents will receive an email notifying them that reports are available. If you would prefer a hardcopy of the report you will need to contact the front office to request a report to be sent home. These reports are based on information collected from multiple sources throughout the first half of the year. The midyear report is an important indicator of how your child has progressed in their learning. You will be able to get a sense of whether your child is maximising their learning opportunities and what their strengths and areas for improvement are. An important role that parents can play in this process is to discuss with your child their goals for the second semester.

End of Term

A reminder that there are two weeks left of this semester. This means that Friday 28th June is the last day of Term Two. Classes will finish at 2:30pm on that day. School resumes for Term 3 on Monday 15th July.

...Zlatko Pear

Myrtleford P12 College is a Child Safe School.

All our Child Safe policies can be accessed on the College website.

<http://www.myrtlefordp12.vic.edu.au>

COLLEGE ANNOUNCEMENTS



**VOICE
TREATY
TRUTH** 07-14
JULY 2019
Let's work together for a shared future.

NAIDOC School Initiative

NAIDOC Week celebrations are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC is celebrated not only in Indigenous communities, but by Australians from all walks of life. This year, we are excited to announce that P-6 will take part in their first NAIDOC day filled with activities on the 27th of June.

Any questions please don't hesitate to ask me!
Thank you,
Candice Hourigan
Hourigan.candice.c@edumail.vic.gov.au



PARENTS CLUB NEWS
Next meeting: 9am on Monday 17th June in the Prince Street staffroom . All welcome!
Claire Stock

MART 2019
MART dates for 2019 are:

- Saturday 27th July
- Saturday 3rd August
- Wednesday 7th August
- Saturday 10th August
- Tuesday 13th August (Milne Shield)
- Wednesday 28th August
- Friday 30th August
- Saturday 7th September
- Back up day arrangements to be confirmed if required



Myrtleford P12 College students and parents requiring further information can contact Jo Milford at the College, by phoning the front office.

O&M CROSS COUNTRY RESULTS
A number of students represented our College in the O&M Cross Country last Thursday. What a great effort by all the students.
The overall results are listed below:



Primary
9/10 Girls: Sein Pai Ling 40th, Matilda Gabler 56th, Olive Fullwood 83rd
9/10 Boys: Riley Howell 5th, Hunter Macgowan 19th, Logan Adlam 88th, Ryder Harris 99th
11 Girls: Lily Notarianni 4th, Charli Parolin 31st, Matilda Knobel 35th
11 Boys: Hayden Durling 13th, Jordan Notarianni 61st, Alex Robertson 69th
12/13 Girls: Brooke Parolin 23rd, Molly Korb 30th, Darcy Crisp 36th
12/13 Boys: Lachlan Macgowan 28th, Jack Lewis 56th

Riley Howell, Hayden Durling and Lily Notarianni will be competing in the next level Hume Region Cross Country next week and we wish them the best of luck!

Donna Bigger

Secondary
13 Girls: Rachel Larsen 21st, Clancy Crisp 22nd
13 Boys: Harrison 6th, Alex Durling 23rd, Cody Howell 24th
14 Girls: Dakota O'Sullivan 8th, Breanna Novak 9th
14 Boys: Hugo Cusack 5th, Jai Belpitt 20th, Tyler Heywood 32nd
15 Boys: Liam Macgowan 1st, Levi Young 16th, Ned Pascoe 26th

Hume qualifiers are Liam Macgowan, Hugo Cusack, Dakota O'Sullivan, Breanna Novak and Harrison Korb. We wish them well next week.
Clint Slotegraaf



Some of our students on the Cross Country run

It was as cold as Antarctica as the wind blew wildly.
– Charlie

I'm as hungry as a T-REX stomping through the wet and soggy jungle.
– Logan

I was as angry as a bear that has just woken up from a deep sleep.
– Rianna

Figurative Language from 4L...

Silky snakes slithering through silly string.
– Kyran

It was as hot as the sun
– Machydie

I am as happy as a zebra galloping through the bush
– Kobe

It was as quiet as a cat getting its lunch.
– Indiana

Splish! Splash! Look, it's a dolphin flying through the air.
– Matilda

It was as loud as a lion roaring in the jungle.
– Ryder

I ate a sizzling sausage with sloppy soy sauce.
– Luqel

Today I'm as fresh as a daisy blooming in the sunshine.
– Paige

I was tired as a sloth in the morning.
– Riley

It was dark as a night sky.
– Hyacinth

Figurative Language

is used to create a special effect or feeling, characterized by figures of speech: language that compares, exaggerates, or means something other than what it first appears to mean.

Slippery slimy snakes sliding in shops.
– Charlee

I was sooo bored! It took sooo long for mum to come back. I've been waiting for like 15 hours (it only took mum 15 minutes to come back).
– Amelia

It was as cold as ice on a bizarre mountain.
– Maddison



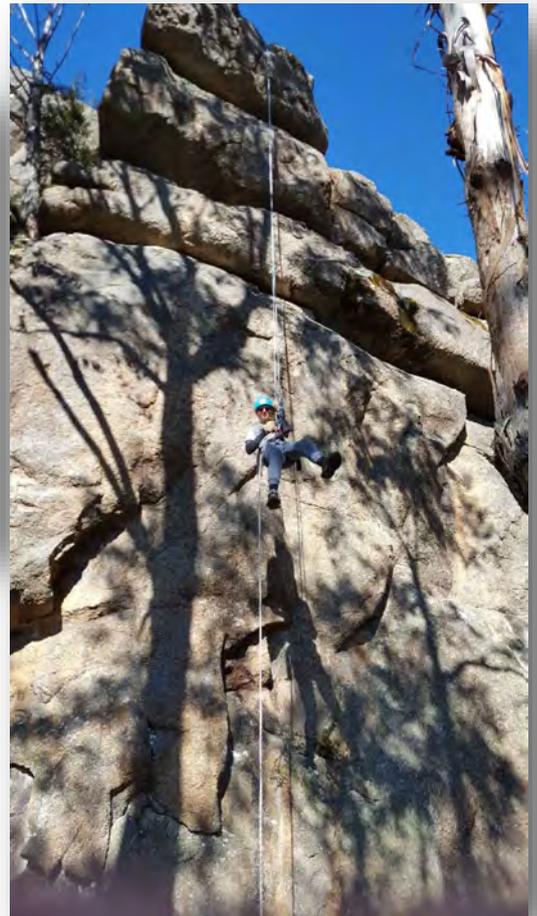
Year 9 Outdoor Ed



Wednesday last week the Year 9 Outdoor Education students travelled to Mount Buffalo for a day trip. The nine students that attended were treated to glorious winter conditions on the mountain, with nice clear views as far as the eye could see, and mild temperatures considering we were on top of a mountain in winter. The students had three separate abseils set up, ranging from 10m – 35m. All students thoroughly enjoyed the adrenaline pumping activity of the huge cliff faces of Mount Buffalo Gorge.

The second activity was a snow walk on the Cathedral Track and to the Hump, a great opportunity to get a great view. We also had time for a snow play at Cresta. Overall a great day out in fabulous conditions.

Clint Slotegraaf



HEALTH CORNER...with Adolescent Health Nurse Rosemary Bunge

Over the next few newsletters I am going to share information for parents direct from the esafety commissioner.

Cyberbullying

Cyberbullying is the use of technology to bully a person or group with the intent to hurt them socially, psychologically or even physically.

What does it look like?

Examples of cyberbullying include:

- Abusive texts and emails
- Hurtful messages, images or videos
- Imitating, excluding or humiliating others online
- Spreading nasty online gossip and chat
- Creating fake accounts in someone's name to trick or humiliate them

Online bullying can have a devastating impact on young people, whose online life is a key part of their identity and how they interact socially.

I think my child is being bullied

Your child may not tell you if they are experiencing bullying behaviour online because of a fear it might make things worse for them or they may lose access to their devices and the internet.

Signs to watch for:

- being upset after using the internet or their mobile phone
- changes in personality, becoming more withdrawn, anxious, sad or angry
- appearing more lonely or distressed
- unexpected changes in friendship groups
- a decline in their school work
- changes in their sleep patterns
- avoidance of school or clubs
- a decline in their physical health
- becoming secretive about their online activities and mobile phone use

For a full guide you can go to the following link
<https://esafety.gov.au/parents/online-safety-guide>

What can I do?

Talk to your child about cyberbullying before it happens. Together you can work out strategies to address any potential issues and reassure them you will be there to support them.

A guide to online bullying for parents and carers
<https://esafety.gov.au/parents/big-issues/cyberbullying>

If your child is experiencing cyberbullying:

- **Listen, think, stay calm** - talk to them about what has happened, try to remain open and non judgemental, ask them how they feel and ensure they feel heard.
- **Collect evidence** – it is a good idea to collect evidence, such as screen shots, of the bullying behaviour, in case you need to report it.
- **Block and manage contact with others** – advise your child not to respond to bullying messages and help your child block or unfriend the person sending the messages.
- **Report to site or service** – many social media services, games, apps and websites allow you to report abusive content and request that it is removed.
- **Report to eSafety** - if serious cyberbullying is affecting your child and you need help to get the material removed from a social service or other platform you can make a cyberbullying report.
- **Get help and support** – check in with your child regularly about how they are feeling. If you notice any changes that concern you, get help through counselling or online support services.

HELPLINES

[Parentline](#) -counselling and support for parents
[Kids Helpline](#) -counselling and online support for kids and teenagers
[ehedspace](#) -online chat and support for young people (12 to 25)

Quote of the week:
 Prevention is better than cure.

HOMEWORK AND ASSIGNMENTS DUE DATES

DUE DATE	SUBJECT	ASSIGNMENT	TEACHER
PREP AH and PREP L			
To practise Jolly Phonic letter sounds in little brown booklet – remember to use your action too! To practise M100 Word mat. To practise reading strategies with home reader and record text in student diary each night			BHO/NAN LLI
YEAR 1W			
Nightly reading and M300W practice			EWA
YEAR 1/2L			
Nightly reading and M300W word practice			KLO
YEAR 2O			
Nightly reading and ask questions about the text			KOD
YEAR 3H and 3M			
Daily reading 20mins, Words their Way activity -follow guide glued in front page using the same words for 2 weeks and Maths mate due each Friday.			CHO/SMA
YEAR 4			
Read every night, complete literacy and numeracy sheet, complete Words Their Way Activity Sheet All work due on Friday			ALI
YEAR 5C and 5W			
Reading for 20mins every night. Times table practice. Matrix to be finished by the end of Term.			CCO/WWA
YEAR 6HS and YEAR 6B			
Nightly reading-record in diary and Maths Mate Due every Friday			KHA/PMC DBI
YEAR 7B			
Every Friday	Maths	Maths Mate Sheet Due	JVL
YEAR 8			
Every Friday	Maths	Maths Mate Due	JVL



School Banking Every Tuesday!

Set your savings goals, redeem your tokens & claim your rewards
Ask your School Co - Ordinators for more details!
Marita De La Rue & Jo McIntyre

Ashley's Corner



Hey readers, sorry for my absence last week, I was backed up with some personal business. I want to talk about something that seems to be an issue, mainly with the secondary kids. Recently, there has been discussion about the phone policy, with being able to bring your phone to school if used responsibly.

Mentioned previously by the teachers, the current policy has been under review. Mobile phones have been a bit of a controversial topic as of recently, being an occasional distraction to students in the classroom. At other times however, mobile phones have been used appropriately, such as, as a timer, taking photos of food produced in Food Technology, or to take photos of notes, with the teacher's permission, in class.

Don't get me wrong, phones are rather important when needing to contact your parents at short notice, particularly if you have a family event going on, but extra consideration to phone usage at schools is needed.

From my perspective, I think an all out ban of phones from the school may be an irrational course of action, but the phone policy may need to be a bit stricter on how students use them. I'll be honest, I have used my phone in class, *maybe during maths*, but not for something like social media, mainly for listening to music or looking at cute puppy photos. That's all I have to say for this week, have a good day!

Ashley O'Brien

an initiative of
VicHealth

FREE SCHOOL HOLIDAY PROGRAMS

Myrtleford Sports Day!

A fun and easy way to try out a new sport! Or two!
Both sessions will be held at the Myrtleford Indoor Sports Stadium on Tuesday 2nd July.
Sports on offer include:

10-11:30AM: VOLLEYBALL

12-1:30PM: BASKETBALL

To register please visit our website: www.sportnortheast.com.au
Contact us for any enquiries - (03) 5721 0200 or
email: sportnortheast@thecentre.vic.edu.au

SPORT IN THE COMMUNITY



Registrations are now open for the Myrtleford and District Basketball Association Inc. 2019 Aussie Hoops Program Term 3
 Jump onto the Aussie Hoops website at <https://www.aussiehoops.com.au/> to register.

Aussie Hoops will run on Tuesdays with the aim to have 2 sessions, 1 at 4pm and the 2nd at 4:50pm. Any Queries please message via MDBA facebook page or contact Sarah Purss - sarah.purss@gmail.com.

www.indigogymnastics.com.au

**School Holiday
 Gymnastics Classes**



Classes for ages 5 to 13yrs

Class Dates & Times: Monday July 1st 1:30-3:30pm
 Wednesday July 10th 1:30-3:30pm

Location: Unit 1/ 26 Crawford St,
 Beechworth

Come for 1 or both classes @ \$23/class
 spaces are limited and will book out.

Register today

www.indigogymnastics.com.au/holidays
 or Call Erin 0499 027 243

ACTIV8 SPORTS
 HOLIDAY SPORT CAMPS

Back again! Bigger and Better!

ACTIV8 SPORTS are running a winter program.

Offering a 2-day sport camp for **BOYS & GIRLS** from
Grades 2-6.

The program will include skill development and small sided games for a variety of different sports played within our great community.

Participants will be split into age appropriate groups and coached by one of our fully qualified PE staff members.

Also Included is a nutrition session on healthy eating habits, fruit and lunches.

Camp Details: 9am-4pm
(Tuesday 9th and Wednesday 10th July, 2019)
 RC McNamara Reserve, Myrtleford

Please email brody.activ8sports@gmail.com an expression of interest and for more details including how to book. **Places are limited.**

DEAKIN ALL ACCESS
 Geelong Cats

WIN

the ultimate behind-the-scenes experience with the greatest team of all

▶ Enter now
deakin.edu.au/allaccesscats



Deakin University CRICOS Provider Code: 00223B



DEAKIN ALL ACCESS
 Suncorp Super Netball

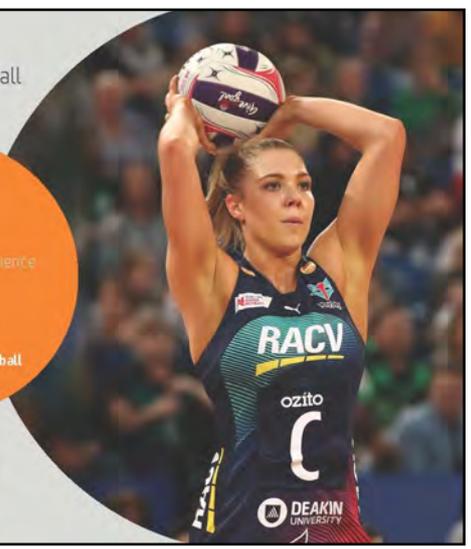
WIN

the ultimate behind-the-scenes experience at the Suncorp Super Netball Grand Final

▶ Enter now
deakin.edu.au/allaccessnetball



Deakin University CRICOS Provider Code: 00223B



Our Sponsors....

Our fortnightly newsletter is available for your enjoyment:

- On the **Skoolbag app** available on Android and Apple devices. (Where you can also enjoy notifications about school related information, and access to parent forms)
- On the **College website** at <http://www.myrtlefordp12.vic.edu.au/>
- **Via email** (just let the office know and provide a valid email address)
- **By hard copy** on request

Kestrel Recruitment
 —THE LEADING CHOICE FOR REGIONAL BUSINESSES AND JOBSEEKERS SEEKING EFFECTIVE RECRUITMENT AND EMPLOYMENT SOLUTIONS SINCE 2008

CONTACT YOUR LOCAL CONSULTANT TODAY
Mel Arnold



• APPRENTICE & TRAINEE SOLUTIONS
 • TEMPORARY STAFF
 • LABOUR HIRE
 • PERMANENT RECRUITMENT

0499 870 070 | 02 6024 0230
 mel@kestrelrecruitment.com.au

Myrtleford Cycle Centre
 Everyday Cycling Solutions

59 CLYDE STREET MYRTLEFORD
 (03) 5752 1511 / 0407 967 309

FOODWORKS Supermarket

MYRTLEFORD
 01 Myrtle Street
 (03) 57521576
 myrtleford@forea.foodworks.com.au

OPEN: 7am TO 7pm Mon to Fri
 8am to 7pm Sat & Sun
 myrtleford.myfoodworks.com.au

CRISP MASSAGE

Sports and Relaxation Massage Therapy
 Qualified/Member of AMT

Hayley Crisp
 Myrtleford VIC 3737
 hayley.l.crisp@gmail.com
 0427272777

evolve ORTHODONTICS

Evolving beautiful smiles...invisibly
 Invisalign - straight teeth without braces
 AcceleDent - fast track treatment time
 Adults and Children
 Specialist Orthodontist Dr John Brabant
 www.evolveorthodontics.com.au

Billy AND me
 WE PROUDLY STOCK THE FULL RANGE OF COLLEGE UNIFORM

67 Clyde St,
 Myrtleford
 Ph 57522459
 billyandme@outlook.com

VISION ANTENNA & TECH SERVICES WAYNE TEAKEL

15 Martin Place
 Myrtleford Victoria 3737

ARBN: B2137871G
 ABN: 33734270050

Antenna Installations
 Television Tuning
 High Definition Installations
 Home Theatre Installations
 Home Maintenance

Phone: 03 57521164
 Mob: 0427129676
 Email: wayne_teaks@hotmail.com

Alpine Valley Homes
 M & S Crisp Builders

Mathew 0429 079 269
 Simon 0418 214 025

HIA 501471 DBU 4966

TERRY CARTWRIGHT KITCHENS

3 MCGEEHAN CRES MYRTLEFORD 3737
 PO BOX 640 MYRTLEFORD 3737

GEOFF MITCHELL
 Director

• Kitchens
 • Bathrooms
 • Wardrobes
 • Wall Units

Ph: 03 5752 2301
 Fax: 03 5751 1882
 Mobile: 0407 681 014
 Web: terrycartwrightkitchens.websyte.com.au
 Email: cartwrightkitchens@bigpond.com

HEI-TANA FREIGHT

MYRTLEFORD • WANGARATTA • BRIGHT

Owner/Operator - Kane Howell

Phone **0418 577 652**
 A/H 03 5752 2531

EMAIL: heitanafreight@gmail.com

art-is-anne
 ART SUPPLIES
 STUDIO & GALLERY

111 MYRTLE ST
 MYRTLEFORD VIC 3737

0408 201 114

WAW credit union

Smart Banking

STEVE & ALISON DALE'S BUTCHERY

89 Standish St
 Myrtleford 3737

(03) 5752 1526
 AH (03) 5752 1428

STYLE INN
 Hair & Beauty

96 Appin Street
 Wangaratta
 Ph 03 57216076

13 Clyde Street
 Myrtleford
 Ph 03 57511567

Porepunkah Ski Hire

Gary & Carolyn Monshing

Town Centre, Porepunkah 3740
 Ph/Fax: 03 5756 2355
 Mobile: 0438 519 217
 Email: punkaski@netc.net.au

DARO Business Machines
 ALBURY - 490 MACAULEY STREET
 WANGARATTA - 17A BAKER STREET

- B/W & Colour Copiers
 - Printers Scanners
 - Faxes & Projectors
 - Copying/laminating
 Service & Much More

DARO Canon
 OFFICE MACHINE SPECIALIST advanced simplicity™

AUTHORISED DISTRIBUTOR
 0303 585 7400/06